

## Mental Health in the African American Community

- African American men are 2.5 times more likely to die from suicide than white men.
- African American women are 1.5 times more likely to die from suicide than white women.
- African American men are 2.5 times more likely to die from suicide than white men.

### About Chester L. Wilson, EdD

Dr. Chester L. Wilson is a professor of counseling and director of the Center for African American Studies at the University of North Carolina at Charlotte.

He has published numerous articles and books on the mental health of African Americans. His most recent book, *Mental Health in the African American Community*, is a comprehensive text on the mental health of African Americans. He has also co-edited the book *Mental Health in the African American Community: A Handbook for Practitioners*. Dr. Wilson is also the author of the book *Mental Health in the African American Community: A Handbook for Practitioners*.

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