

Advance Care Planning – Selected Resources for the Public

The following resources represent a broad array of materials to assist the public in better understanding advance care planning and related topics such as hospice and palliative care, caregiving, cognitive impairment, and legal issues. While extensive, this list is by no means exhaustive and other quality resources are also available.

Guidance on Completing an Advance Directive

Caring Conversations Workbook

Published by the Center for Practical Bioethics, guide helps individuals and their families share meaningful conversations regarding end-of-life decisions

<http://www.practicalbioethics.org/documents/caring-conversations/Caring-Conversations.pdf>

Five Wishes

Administration on Aging's National Family Caregiver Support Program
Provides grants to states and territories to fund range of supports that assist family and informal caregivers to care for their loved ones at home for as long as possible
http://www.aoa.gov/aoaroot/aoa_programs/hcltc/caregiver/index.aspx

Cognitive Impairment:

End-of-life Decisions: Honoring the Wishes of the Person with Alzheimer's Disease
Brochure from the Alzheimer's Association addresses issues a family may face when the person with dementia nears the end of life
http://www.alz.org/national/documents/brochure_endoflifedecisions.pdf

Facts and Figures

Annual report of Alzheimer's Association detailing burden of Alzheimer's disease and dementia on individuals, families, state and local governments, and the health care system
http://www.alz.org/alzheimers_disease_facts_figures.asp?type=homepage

Legal Issues:

The National Legal Resource Center

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