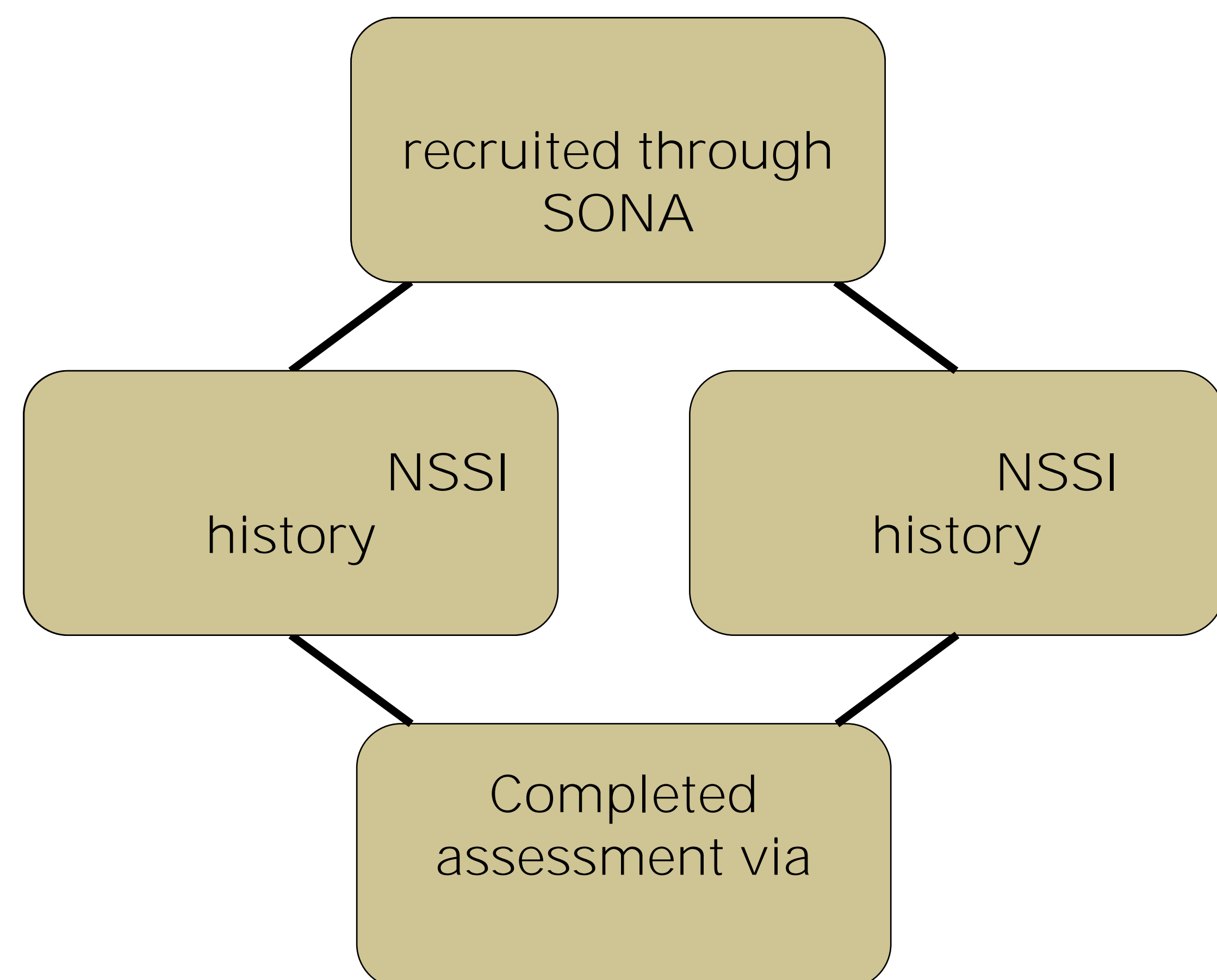


# Perceived Burdensomeness is a strong predictor of lifetime self-harm frequency.

Non-suicidal self-injury (NSSI) is a pressing public health problem, with almost 1 in 5 young adults endorsing lifetime engagement. NSSI engagement is one of the strongest predictors of a future suicide attempt



5.83%

13.81%



53.55%

3.05%

Exp(B)	Lower	Upper	Sig.

 Ronan Wilson, Allison Cuning, M.A.,  
 Diana Rancourt, Ph.D.